

## SUSTAINABLE DEVELOPMENT GOAL 3:

# GOOD HEALTH AND WELL-BEING

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Healthy individuals form the foundation of sustainable societies. SDG 3 aims to ensure healthy lives and promote well-being for all at all ages. In this context, strengthening preventive healthcare services, increasing access to health services, combating infectious and other diseases, and promoting healthy lifestyle habits in society are of great importance. Universities play a significant role in improving public health through their education, research, and implementation activities in the field of health. Training healthcare professionals, producing solutions to health problems through scientific research, and supporting community-based health services are the primary areas of these contributions.

Bursa Uludağ University makes significant contributions to protecting public health and supporting a quality life through its strong academic infrastructure in health sciences, educational activities, research, and healthcare services.



# SDG3: GOOD HEALTH AND WELL-BEING

## Awareness Training Within the Scope of the Narco-Guide Youth Module

An awareness training session was held at the Bursa Uludağ University Faculty of Health Sciences as part of the "Narco-Guide Youth Module" (Narkorehber Gençlik Modülü) project, which is conducted by the Ministry of Interior for university students. During the training provided by officers from the Bursa Police Department Anti-Narcotic Crimes Branch, students were given comprehensive information about the effects of drugs and stimulants on individuals, the global drug problem, legal aspects, reporting processes, and treatment methods.

The training aimed to raise awareness among young people regarding risks, help them gain early awareness, and support healthy lifestyle habits. The event contributed to strengthening preventive approaches by ensuring that students have access to accurate information.

## Uludağ Music Therapy Symposium Held

Bursa Uludağ Üniversitesinde (BUÜ), "Uludağ Müzik Terapi Sempozyumu" düzenlendi. BUÜ Tıp Fakültesi Dekanlığı ile Uygulamalı Müzik Terapileri Derneği (UMTED) iş birliğinde Eğitim Fakültesi Uğur Mumcu Salonunda gerçekleştirilen sempozyumda, müzik terapinin sağlık alanındaki yeri ve önemi ele alındı. Sempozyumda konuşan BUÜ Rektörü Prof. Dr. Ferudun Yılmaz, Türkiye'nin müzikle terapi geleneğinin güçlü bir geçmişe sahip olduğunu vurguladı. Günümüzde 150 ülkede uygulanan müzik terapinin, tıp alanında tamamlayıcı bir yöntem olarak hasta yönetiminde önemli katkılar sunduğunu belirten Yılmaz, müzik terapistlerinin sağlık hizmeti sunan ekiplerin bir parçası olarak sürece dâhil edilmesinin, sağlık hizmetlerinin niteliğini artıracaklarını ifade etti.

## Primal Pictures 3D Anatomy Atlas Database Updated

The updated version of the Primal Pictures 3D Anatomy Atlas, which has been accessible since 2016 through the BUU Department of Library and Documentation, is now available for academics and students. With this update, digital content for anatomy education has been expanded, aiming to carry out course processes more effectively.

Within the scope of the new version, case studies in clinical specialties, video content, and 156 anatomy lecture videos—prepared in collaboration with Primal Pictures and the Anatomical Society—have been added to the platform. This aims to help students support their theoretical knowledge with visual materials and access course content more easily.

Primal Pictures is a comprehensive digital atlas that presents human anatomy interactively across all layers. In addition to anatomy, it covers fields such as dentistry, otolaryngology (ENT), urology, speech and language pathology, sports, and therapy. The platform includes more than 400,000 images, over 6,500 3D anatomical structures, multimedia-supported muscular system content, MRI images, and animations regarding surgical procedures.

Furthermore, the learning process is made interactive through modules such as Learning Outcomes, Diseases and Conditions, 3D Atlas, 3D Real Time, Human Anatomy and Physiology, and Quizzing.



## Breast Cancer Awareness Event Conducted

Bursa Uludağ Üniversitesi Hastanesi'nde, meme kanserinde erken teşhisin ve farkındalığın önemine dikkat çekmek amacıyla düzenlenen Meme Kanseri Farkındalık Etkinliği, 22 Ekim 2025 tarihinde Genel Cerrahi Klinik Seminer Salonu'nda gerçekleştirildi.

Etkinlik kapsamında; Meme Kanseri, Riskli Meme Kanseri Hastası Kimdir?, Meme Kanserli Hastalarda Tarama, Meme Cerrahisi Sonrası Lenfödem Yönetimi, Meme Rekonstrüksiyonu ve Meme Rekonstrüksiyonu Sonrası Hemşirelik Bakımı başlıklarında sunumlar gerçekleştirilerek katılımcılarla güncel bilgileri paylaştı.

Etkinlikte, erken tanının hayati önemi vurgulanırken sağlık çalışanlarının bilinçlendirilmesine yönelik önemli kazanımlar sağlandı.



DÜNYA SAĞLIK İÇİN  
HAREKET ET GÜNÜ  
ETKİNLİĞİ



15.04.2025 (SALI) 10.15-12.00

10.15-10.30 SAĞLIK BİLİMLERİ FAKÜLTESİ ÖNÜNDE TOPLANMA

10.30-12.00 SAĞLIK BİLİMLERİ BAĞÇESİNDE ZUMBA EĞİTİMİ TÜLİN TEMEL EŞLİĞİNDE DANSLA HAREKET



B.U.Ü. Sağlık Bilimleri Fakültesi Hemşirelik Bölümü Halk Sağlığı Hemşireliği Uygulama Öğrencileri ve B.U.Ü. Kadın ve Aile Çalışmaları Uygulama ve Araştırma Topluluğu

## Two Awards for BUU from the 17th HPB Surgery Congress

The Bursa Uludağ University Faculty of Medicine achieved significant success with its multidisciplinary scientific studies at the 17th Turkish Hepatopancreatobiliary (HPB) Surgery Congress. The research, carried out under the leadership of the General Surgery Department's Hepatobiliary Surgery Division, was awarded first and second prizes in the "Best Oral Presentation" category. The first prize was awarded to the study presented by Assoc. Prof. Dr. Seçil Aksoy, a faculty member of the Department of Medical Microbiology, which addresses the potential role of liquid biopsy-based biomarkers in surgical decision-making processes for pancreas cancer. The second prize was won by Çağla Tekin, a Ph.D. student in the Department of Medical Biology, with her presentation containing preliminary findings aimed at increasing drug efficacy in the treatment of hepatocellular carcinoma.



## BUU Hospital Burn Unit Reopened After Renovation

The Burn Unit, operating under the Department of Plastic, Reconstructive, and Aesthetic Surgery at Bursa Uludağ University Hospital, has resumed patient admissions following extensive renovation works. The unit was modernized in line with priorities for patient safety, hygiene, and comfort. With its updated physical conditions and equipment, the Burn Unit aims to provide safer and higher-quality healthcare services to burn patients, while intending to contribute to raising quality standards in healthcare by increasing the effectiveness of treatment and care processes.

## BUU's International Success in Sports Competitions

Bursa Uludağ University students successfully represent the university by achieving significant rankings in national and international sports organizations. BUU student Eray Şamdan, representing Türkiye in the World Games, secured first place by defeating all his opponents in the men's kumite 60 kg category. Polat Uzer Turnalı, a student in the Department of Physical Education and Sports, achieved significant success in swimming at the Islamic Solidarity Games held in Riyadh, Saudi Arabia. Turnalı earned a gold medal in the 200-meter butterfly race and a silver medal in the 400-meter individual medley. Furthermore, BUU students secured rankings in various categories at the Unilig Kickboxing Turkish Championship organized by the Turkish University Sports Federation, reinforcing the university's success in the field of sports.



## Occupational Health and Safety Treated as a Priority on Campus

At Bursa Uludağ University, efforts to develop occupational health and safety practices are conducted with a holistic approach. The university management considers the creation of safe and healthy working environments for all employees across the campus as one of its primary priorities. Within this scope, the goals are to protect employee health, prevent occupational accidents and diseases, and strengthen a culture of safe working. Through the initiatives carried out within the university, it is aimed to make occupational health and safety practices more systematic and effective; steps are being taken to increase awareness across the campus through coordination activities and to strengthen a sustainable occupational health and safety system. This approach contributes to enhancing employee well-being and corporate sustainability.



## Good Health and Well-being - Sustainability Certificate Program Training

Within the scope of the BUU Sustainability Certificate Program conducted by the Bursa Uludağ University Sustainability Coordinatorship, training sessions focusing on public health and healthy living were organized in line with the "Good Health and Well-being" (Goal 3) objective. As part of the program, a session titled "Climate Change and Public Health" was conducted by Prof. Dr. Alpaslan Türkkkan, a faculty member of the Faculty of Medicine, while a training on "Healthy Living and Exercise" was provided by Prof. Dr. Şenay Şahin, a faculty member of the Faculty of Sports Sciences. The event aimed to increase health awareness in society by addressing the impacts of climate change on public health, healthy lifestyle habits, and the importance of regular physical activity.

3 SAĞLIKLI BİREYLER

SAĞLIKLI YAŞAM VE EGZERSİZ

İKLİM DEĞİŞİKLİĞİ VE HALK SAĞLIĞI

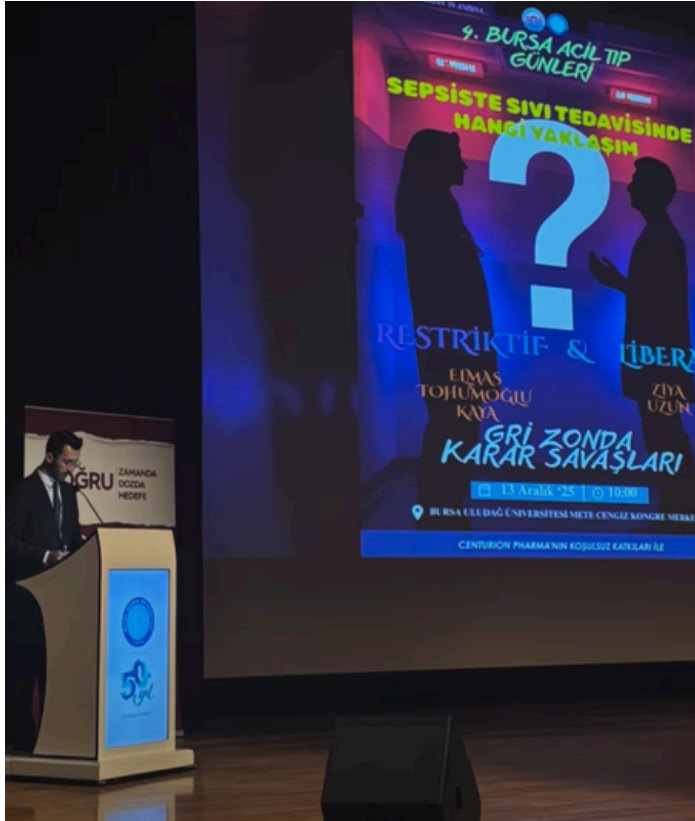
30 NİSAN 2025 & ONLINE  
SAAT:15.00-16.00

PROF. DR. ALPASLAN TÜRKKAN  
Tıp Fakültesi - Halk Sağlığı ABD Başkanı

SAĞLIKLI YAŞAM VE EGZERSİZ

30 NİSAN 2025 & ONLINE  
SAAT:16.15-17.15

PROF. DR. ŞENAY ŞAHİN  
Spor Bilimleri Fakültesi Dekan Yardımcısı  
Antrenörlük Eğitimi ABD



## 4th Bursa Emergency Medicine Days

Hosted by Bursa Uludağ University, the 4th Bursa Emergency Medicine Days was held to evaluate current developments in the field of emergency medicine and to strengthen knowledge sharing among healthcare professionals. During the event, numerous topics were addressed, including emergency department management, approaches to trauma and critical patients, intervention in disasters and emergencies, advanced life support applications, and current treatment methods. While scientific presentations were delivered in sessions attended by expert academics and healthcare workers, an important platform was created for sharing experiences and professional discussions. The program contributed to increasing the quality of emergency health services while supporting the development of healthcare professionals' knowledge and skills. In this respect, the event contributes to the protection of public health and the strengthening of healthcare services.

## BUU Department of Physiology Receives Accreditation

The Department of Physiology at the BUU Faculty of Medicine has been awarded institutional accreditation following a comprehensive evaluation process conducted by the Accreditation Board of the Turkish Society of Physiological Sciences. With the accreditation visit carried out on September 1, 2025, the department's standards in education, research, and academic infrastructure have been officially certified. Within the scope of this accreditation, the physiology residency training has been accredited for a period of three years, demonstrating the university's quality assurance-oriented approach to education and its academic competence in the field of health. The accreditation process encompasses evaluations under various headings, such as the currency of educational programs, the sufficiency of the academic staff, research activities, and institutional infrastructure.



## CalpaCure Team Won Third Prize at the TEKNOFEST 2025 3T in Oncology Competition

Founded in 2025 within Bursa Uludağ University, the CalpaCure Team conducts studies on the identification of biomarkers and the development of innovative genetic therapy approaches for Non-Small Cell Lung Cancer (NSCLC), which constitutes the majority of lung cancers.

The team consists of Translational Medicine program students Ece Özdemir, Spec. Nurdeniz Nalbant Bingöl, and Faculty of Medicine graduate Ece Tolgay. Conducted under the supervision of Prof. Dr. Şehime Gülsün Temel and supported by the Bursa Uludağ University BAP (Scientific Research Projects Unit), the project examines the discovery of new biomarkers and genetic therapy approaches for NSCLC. The CalpaCure Team won the third prize at the TEKNOFEST 2025 3T in Oncology Competition with their project titled "shRNA-Based Genetic Therapy Targeting Calpain mRNAs."

## International Medical Students' Congress (EMSA Uludağ)

The International Medical Students' Congress (EMSA Uludağ), organized by Faculty of Medicine students in 2025, has been a significant organization in terms of strengthening global academic networks and increasing knowledge sharing among young healthcare professionals.

The congress is directly related to Goal 17.6 of the United Nations Sustainable Development Goals—enhancing knowledge sharing and international cooperation. In the event, which was held with the participation of medical students from different countries and expert speakers, current medical approaches, public health, clinical practices, and research experiences were addressed. Thanks to the social and cultural programs organized alongside academic sessions, intercultural interaction among participants was strengthened, contributing to students gaining a global health perspective. In this respect, the congress has created a high-quality platform that not only supports the professional and academic development of students but also increases the university's international visibility, lays the groundwork for future joint projects, and encourages sustainable academic collaborations.

